

LGFA

PEIL na mBAN



Volunteer Support Programme



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Introduction

As part of the LGFA Strategic Plan, the first Focus Area is: A Passionate Volunteer Organisation for which the 2022 success statement is *“We have transformed the capabilities and capacity of our volunteers at national, provincial, county and club level. We are proactively supporting and guiding our volunteer which has delivered an effective and enjoyable volunteer experience.”*

In 2019, the LGFA National Development Team reviewed the support available for volunteers and has developed the ‘Volunteer Support Programme’ to provide more in depth targeted support and contact with County Boards and Clubs over a 3 year cycle. How will this work:

From 2020 the National Development Team (NDT) will start a 3 year cycle of support with counties. This does not mean other counties are ignored if not in that cycle but hands on support is given to the 11 counties in detail for that full cycle year.

This level of engagement will ensure increased communication and contact with county executives and clubs in the county whilst also ensuring you have a basic 3 year plan to follow at the end of the process.

That county will then be in cycle again 3 years later so should be ready to plan again. This will enable the development team to tailor support to the needs of each individual county.

What will this Entail for your County?

Step 1 A member of the Development Team will meet with the executive of your county to discuss the support programme and work with you to identify current status and priority areas for the county.

Step 2: Each county selected will receive the following which will be discussed at the initial meeting:

- Volunteer Recruitment & Retention Workshop (if required)
- Club officer training
- County officer executive will get access to National County Officer Day and when attend will receive follow up meetings. This national day is essential for your chairperson, secretary and treasurer.
- Your development officer/committee will have access to National Development Day and follow up thereafter
- Fixtures Review & Guidance
- Go Games Programme advice
- 3 year planning process – includes planning workgroup and club forum

At initial meeting county can also discuss other areas they would like to see included specific to their needs. These areas may include referee and coach education but will be booked and paid for through normal process by county through LGFA.

Step 3: Development Team contact will attend the next county board meeting to explain the support programme.



Step 4: Each county will have a member of NDT designated as their point of contact for the year for this process to assist with above and they will link with other members of team for their areas of expertise also so not just one member of staff working with you.

Step 5: A full review will be conducted with your county.

What is the Cycle of Counties?

The volunteer support programme will be reviewed after year 1 but suggested cycle is as follows:

Year 1	Year 2	Year 3
Fermanagh	Antrim	Tyrone
Derry	Down	Cavan
Monaghan	Armagh	Donegal
Longford	Carlow	Dublin
Kilkenny	Wicklow	Kildare
Leitrim	Westmeath	Meath
Laois	Offaly	Wexford
Limerick	Cork	Kerry
Clare	Tipperary	Waterford
Mayo	Sligo	Britain
Louth	Galway	Roscommon

What are the Benefits for Your County Being Involved?

- A designated contact to support your county over a 12 month period but also access to the full development team for areas of expertise. There will also be increased contact with your county development officer to enable them to support your clubs.
- Every county will have a 3 year plan and will return to process to review and set up next 3 years in next cycle.
- Access to targeted education programmes to meet your needs e.g. club officer programme only rolled out in counties in that cycle, clubs from other counties may attend but will be targeted specifically at clubs in that county,
- Counties will know they will have a 3 year cycle of education and when to expect next.





First Meeting



Meeting 1: Development Contact and County Executive Committee

The purpose of this meeting is to ensure that the county executive has full clarity of the support on offer to assist them to strengthen or put in place the structures required for their clubs and the county itself. It is essential that this support is tailored to the needs of that individual county. Below is the structure of the meeting:

Introduction	<i>Introduction of everyone and their roles. Also outline of any vacant positions or plans for upcoming AGM.</i>
Strengths of the Current Executive	<i>Officers will outline the strengths that they have as collective group as important these are utilised and built upon</i>
Areas of Support for County Executive	<i>Officers will outline areas they feel the development contact could assist them with over the 12 months both individually and collectively</i>
Areas of Support for Clubs	<i>Officers will outline areas they feel the development contact could assist the clubs with over the 12 months. This will help shape the overall support programme below.</i>



<p>Planning</p>	<p><i>Development Contact will provide outline of planning process and importance of club involvement. Also have some initial thinking on who could be part of steering group outside of executive.</i></p>
<p>Dates</p>	<p><i>Officers will select initial dates below and development contact will liaise with designated executive point of contact for remaining dates</i></p> <p>County Board Meeting:</p> <p>Volunteer Recruitment & Retention Workshop (if required, to be organised prior to club AGM's):</p> <p>Fixtures Review and Guidance (Regional so few dates so can liaise with other county(s), this will include Go Games advice):</p> <p>Next meeting with executive to confirm steering group:</p> <p>Club Forum for plan:</p> <p>Club officer training (suggest February 2020):</p> <p>Coach Education:</p> <p>Referee Education:</p> <p>Please note counties must book and pay for referee and coach education courses through LGFA as normal.</p> <p><i>Dates will be set to meet with executive on further training following their attendance at national days.</i></p>
<p>Wrap Up</p>	<p><i>Clarify all points from meeting and agree next steps.</i></p>





Planning Process



The Planning Process

What is Planning?

The process of thinking through.....



Purpose of a Plan



The Process



Guidelines for Setting up the County Plan Steering Committee and Focus Groups

1. The steering Committee should consist of 10 people maximum.
2. The role of the Steering Committee is to oversee the process of developing the plan and to take all of the inputs received to finalise the document using the template provided. The Steering Committee will also organise the County Planning Workshop, the launch and any other event associated with the plan.
3. The Steering Committee should include personnel from representing a variety of stakeholders.
4. Each Focus Group Chairperson should be on the Steering Committee.

Note:

4 Focus Groups will be set up to work on developing the themes of Coach and Player Development, County Structures and Administration, Finance and Fundraising, and Communications & Promotions.

The chairperson of these committees should be identified and should sit on the County Steering Committee.

The Plan Steering Committee may also wish to add one or two other people to these groups. (subject matter experts within the community)

Think outside the box for this steering group. Some suggestions are:

- One person from current executive
- Club Officer
- Coach
- Adult player
- LSP Representative
- GAA Rep
- Schools Rep
- Max. 3 other people



Guidelines for the County Planning Workshop

1: Publicising the workshop

- Publicise on county website and social media
- Suggest minimum one committee member, one coach, one parent and one player from each club
- Local newspapers, local radio
- Email/letter to all clubs

2: Set up on the night

- Start time – 7.30 p.m. End time – 9.30 p.m.
- Projector, laptop and screen, extension lead, Make sure room is warm and comfortable
- No top table required Tables of 6-8
- Pens
- Registration sheet for those in attendance
- Registration sheet for focus groups at end of the evening
- Have a photographer there to take photos which can be used in the plan itself

3: Attendance at the event

County should aim for the following:

- Players, current and past
- Club/county coaches
- Club/county officers
- GAA County rep
- Parents
- Teachers from the local schools/colleges
- Local Sports Partnership representative

Note: Email/letter to clubs

- Be clear on the purpose of the meeting, which is to give everybody their say in the future direction of the county
- Be clear on the start time, the end time and the venue

State that EVERYBODY is welcome Ask people to 'spread the word'



“Your opinion counts and we want to hear from you”

Planning for the Launch of the Club Plan

The county should get as much publicity as possible for the launch of the plan. This is a great opportunity for the county to get positive publicity in the local community. Use a local printer to print the plan. Make sure that the photos used are of good quality.

1: Publicise the launch

- Publicise on website and social media and ask clubs to share
- Forward to LGFA and provincial council to publicise on their outlets
- Local newspapers, local radio
- Email to all clubs

2: Invite

- Local media
- Clubs – coaches and officers
- Players, current and past
- Parents
- Teachers from the local schools
- Local authority officials and local politicians

3: On the night of the launch of the plan

- Make sure there is a photographer there to take photos for newspapers etc.
- Make an ‘event’ out of the launch – refreshments etc.
- Have a copy of the county plan for ‘everyone in the audience’.
- Start the night with a ‘few words’ from the county chairperson and steering group chairperson
- Then, make a presentation on the main points of the plan
- Finish with an address by a guest speaker (county GAA/LGFA official etc.)
- Have volunteer forms available for the night to encourage anyone who wishes to get involved in bringing this plan to life

4: Afterwards

- Put the plan up on the county website
- Send a copy to the local politicians, all local teachers etc.
- Executive to set the date of the first review





Coach Education



LGFA COACH EDUCATION PROGRAMME SUGGESTED CALENDAR OF EVENTS

Resource	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec
Ready, Steady Coach Programme												
FUNdamentals Coaching Course												
Level 1 Coaching Course												
Level 2 Coaching Course												
** Coaching Workshops												
Club Mentor Rules Workshop												
Foundation for Your County Team Workshop												

** Coaching Workshops

Key2Coaching

Coaching The Keeper

LGFA COACH EDUCATION PROGRAMMES available to Clubs and Counties

Resource/Initiative	Rationale	Target Group	Duration	Cost	No. of Participants	When Organise	Venue
<p>Ready, Steady, Coach Programme</p>	<p>A volunteer recruitment Coaching programme aimed at providing support and assistance to new volunteers interested in helping with coaching or running a team within the club.</p>	<p>Clubs with new Volunteers who would like to assist with running or coaching a team within the club</p> <p>Participants must be 16 years of age and over</p>	<p>2 ½ hours</p>	<p>€100 Fee</p> <p>2 x cheques for €50 and refund of €50 will be returned to your club after the programme if all specified criteria as per number of participants are met.</p> <p>Venue and refreshment costs</p>	<p>Minimum numbers required is 6 NEW Volunteers interested in helping with coaching or running a team within the club.</p> <p>Club Coaches : A Coach from each of the teams in your club <u>MUST attend</u> as they will act as buddies for the new volunteers</p> <p>Please note that a tutor has the authority to cancel the programme on the day should they deem an insufficient number of people to show up</p>	<p>Feb to Nov</p>	<p>Minimum requirements :</p> <p>Indoor Sports hall/area for the practical element which must be big enough to cater for demonstration of drills and warm up games.</p> <p>Meeting room for the theory element to include a table to hold a laptop/projector and sufficient sockets and chairs to seat participants comfortably</p>



LGFA COACH EDUCATION PROGRAMMES available to Clubs and Counties

Course	Rationale	Target Group	Duration	Cost	No. of Participants	Organise when	Venue
FUNdamentals Coaching Course 2 x Tutors	<p>This course is an introductory coaching programme. Coaches will look at:</p> <ul style="list-style-type: none"> • Importance of creating a positive environment for our players • Planning and implementing training programmes • Introduction to the player pathway • Create an awareness about making sessions more inclusive • Importance of Fundamental Movement Skills & Injury Prevention 	<p>Any coach or anybody interested in getting involved in coaching – must be 16 years and over.</p> <p>Coaches must have safeguarding 1 workshop completed</p>	<p>6 Hours, completed in one day, may be split over two evenings if necessary</p> <p>Important All participants are aware that the course is 6 hours in duration (10 am to 4pm). Recommend have registration at 9.45am to ensure course starts on time. Participants must complete the FULL course to get certification.</p>	<p>€400 (venue and food are separate)</p> <p>€20 per person is normal charge.</p> <p>Deposit of €150 must be paid one week after course has been booked. If deposit is not received within this timeframe then course will be removed from the schedule.</p> <p>Deposit will not be returned if course is cancelled due to lack of numbers and notification not received minimum 3 days before the date of course commencement. Same will apply if insufficient numbers turn up on the day of the course.</p>	<p><i>20 places min</i> <i>30 places max</i></p> <p>Please note the tutor will make contact with the course organiser 3 days in advance of the course to confirm numbers and names of personnel attending.</p> <p>A tutor has the authority to cancel a course should they deem an insufficient number of people have signed up for the course. In addition, the Tutor is under no obligation to deliver the course if the minimum number of participants is not present on the day as expected.</p>	<p>Feb to May</p> <p>Sept to Nov</p>	<p>An indoor sports hall to cater for an indoor training session</p> <p>A meeting room that can seat 30 people comfortably and an area to provide refreshments</p> <p>Table to hold a laptop/projector – suitable clear wall/screen for projector</p>



LGFA COACH EDUCATION PROGRAMMES available to Clubs and Counties

Course	Rationale	Target Group	Duration	Cost	No. of Participants	Organise when	Venue
<p>Level 1 Coaching Course</p> <p>2 x Tutors</p> <p><i>Counties will be asked to provide a group of players (min 12) aged between 14-16 years of age for the practical assessment element on day 2 of the level 1 Coaching course. Players are only required for time it takes to deliver this section.</i></p>	<p>This course is developed to challenge existing coaches to look more in depth at coaching principles and practices.</p> <p>Coaches will apply information to solve coaching scenarios in practical situations.</p>	<p>Must be over 18 yrs.</p> <p>Must have completed FUNDamentals course and have at least 1 years coaching experience.</p>	<p>Course is maximum 22 hours in duration (12 hours course work and 10 hours practical coaching in club).</p> <p>Course consists of two 6 hour contact days. Minimum length of time between day 1 and 2 must be at least six weeks. All participants must complete a logbook between day 1 and 2</p> <p>Participants must complete the FULL course to get certification</p>	<p>€600 (venue and food are separate)</p> <p>€70 per person is normal charge.</p> <p>Deposit of 300 Euro must be paid one week after course has been booked.</p> <p>If deposit is not received within this timeframe then course will be removed from the schedule.</p> <p>Deposit will not be returned if course is cancelled due to lack of numbers and notification not received minimum 3 days before the date of course commencement"</p>	<p>10 places min 20 places max</p> <p>Please note the tutor will make contact with the course organiser 3 days in advance of the course to confirm numbers and names of personnel attending.</p> <p>A tutor has the authority to cancel a course should they deem an insufficient number of people have signed up for the course.</p> <p>In addition, the Tutor is under no obligation to deliver the course if the minimum number of participants is not present on the day as expected.</p>	<p>Feb to May</p> <p>Sept to Oct</p> <p>NOTE:</p> <p>Coaches have to complete a logbook at training between Day 1 & Day 2.</p> <p>There must be at least 6 weeks between Day 1 & Day 2.</p>	<p>Day 1 :</p> <p>An indoor sports hall for indoor training session and a meeting room that can seat 20 people comfortably</p> <p>Day 2:</p> <p>Outdoor pitch OR Indoor Sports Halls – must be big enough to cater for an indoor training session.</p> <p>A meeting room that can seat 20 people comfortably and an area to provide refreshments for both days</p> <p>Table to hold a laptop/projector – suitable clear wall/screen for projector</p>



LGFA COACH EDUCATION PROGRAMMES available to Clubs and Counties

Course	Rationale	Target Group	Duration	Cost	No. of Participants	Organise when	Venue
<p style="text-align: center;">Level 2 Coaching Course</p> <p style="text-align: center;">2 x Tutors</p> <p style="text-align: center;">Currently organised regionally by LGFA</p>	<p>This course is developed to challenge existing coaches around the use of patterns of play in their coaching sessions.</p> <p>Coaches are encouraged to use patterns to develop their players to be highly skilled and have the ability to make decisions regardless of their age or grade. The programme aims to bring focus back to football.</p>	<p>Must be over 18+ yrs.</p> <p>Have completed the LGFA Level 1 Coaching Programme</p> <p>Be actively coaching or have minimum of 3 years coaching experience</p> <p>Be available to attend all 4 days of the programme</p> <p>Please note: All places will be subject to screening by the Ladies Gaelic Football Association.</p>	<p>Course consists of four 6 hour contact days. Course will be organised over two weekends (Sat + Sun)</p> <p>Minimum length of time between weekend 1 and weekend 2 must be at least six weeks.</p> <p>Participants must complete the FULL course to get certification</p>	<p>€120 per person is normal charge.</p> <p>Deposit of 50 Euro must be paid one week after course has been booked.</p> <p>If deposit is not received within this timeframe then name will be removed from the list.</p> <p>Deposit will not be returned if course is cancelled due to lack of numbers and notification not received minimum 3 days before the date of course commencement"</p>	<p>12 places min</p> <p>16 places max</p>	<p>Feb to Sept</p>	<p>A large indoor sports hall for indoor training session and a meeting room that can seat 16 people comfortably</p> <p>Table to hold a laptop/projector – suitable clear wall/screen for projector</p>



LGFA COACH EDUCATION PROGRAMMES available to Clubs and Counties

Workshop	Rationale	Target Group	Duration	Cost	No. of Participants	When to Organise	Venue
Key2Coaching Workshop	<p>Coaches gain better understanding of how to plan, organise, deliver and evaluate a typical training session for:</p> <p>Option 1: Players ranging from from U8 to U12 age</p> <p>Option 2: Players ranging from U14 to adult level</p>	All Ladies Gaelic Football Coaches	2 hours	<p>€150 (venue and food are separate)</p> <p>€10 per person is normal charge.</p> <p>Deposit of 100 Euro must be paid one week after course has been booked. If deposit is not received within this timeframe then course will be removed from the schedule.</p> <p>Deposit will not be returned if course is cancelled due to lack of numbers and notification not received minimum 3 days before the date of course commencement"</p>	<p>15 places min/ 25 places max</p> <p>Option 1: Need 16 Players Underage up to 10/12s for practical element for option one</p> <p>Option 2: Need 16 Players U16 /Minor for practical element for option two</p> <p>Please note the tutor will make contact with the course organiser 3 days in advance of the course to confirm numbers and names of personnel attending.</p> <p>A tutor has the authority to cancel a course should they deem an insufficient number of people have signed up for the course.</p> <p>In addition, the Tutor is under no obligation to deliver the course if the minimum number of participants is not present on the day as expected.</p>	<p>Feb to Aug</p> <p>Table to hold a laptop/projector – suitable clear wall/screen for projector</p>	<p>An outdoor pitch or large indoor hall to cater for an indoor training session</p> <p>A meeting room that can seat 25 people for de-brief</p> <p>An area to provide refreshments (optional)</p>



LGFA COACH EDUCATION PROGRAMMES available to Clubs and Counties

Workshop	Rationale	Target Group	Duration	Cost	No. of Participants	When to Organise	Venue
<p>Coaching The Keeper Workshop (Lights if necessary)</p>	Supply coaches with the necessary knowledge and coaching techniques in order to provide focused and beneficial training for Goalkeepers	All Ladies Gaelic Football Coaches	2.5 hrs.	<p>€150 (venue and food are separate) €10 per person is normal charge.</p> <p>Course fee is 150 Euro. Deposit of 100 Euro must be paid one week after course has been booked.</p> <p>If deposit is not received within this timeframe then course will be removed from the schedule.</p> <p>Deposit will not be returned if course is cancelled due to lack of numbers and notification not received minimum 3 days before the date of course commencement. Same will apply if insufficient numbers turn up on the day of the course.</p>	<p>15 places min 25 places max</p> <p><u>Minimum of 6 goalkeepers required for practical element</u></p> <p>Please note the tutor will make contact with the course organiser 3 days in advance of the course to confirm numbers and names of personnel attending.</p> <p>A tutor has the authority to cancel a course should they deem an insufficient number of people have signed up for the course. In addition, the Tutor is under no obligation to deliver the course if the minimum number of participants is not present on the day as expected.</p>	<p>Feb to July</p> <p>Sept - Nov</p> <p>Table to hold a laptop/projector – suitable clear wall/screen for projector</p>	<p>An outdoor pitch for maximum effectiveness or an indoor sports hall</p> <p>A meeting room that can seat 25 people comfortably</p> <p>An area to provide refreshments (optional)</p>



LGFA COACH EDUCATION PROGRAMMES available to Clubs and Counties

Resource/Initiative	Rationale	Target Group	Duration	Cost	No. of Participants	When Organise	Venue
Club Mentor Rules Workshop	A workshop to support Club Mentors from underage up to senior level. Covers rules of the game as well as the injury fund	All underage and senior Club mentors.	Approximately 2 ½ hours all in one night	<p>No Course fee applies but a deposit of 100 Euro must be paid one week after course has been booked.</p> <p>If deposit is not received within this timeframe then course will be removed from the schedule.</p> <p>Deposit will not be returned if course is cancelled due to lack of numbers and notification not received minimum 3 days before the date of course commencement. Same will apply if the minimum number of participants is not present on the day as expected.</p>	<p>Minimum numbers required for course are 20.</p> <p>Please note the tutor will make contact with the course organiser 3 days in advance of the course to confirm numbers and names of personnel attending.</p> <p>A tutor has the authority to cancel a course should they deem an insufficient number of people have signed up for the course.</p> <p>In addition, the tutor is under no obligation to deliver the course if the minimum number of participants is not present on the day as expected.</p>	Feb to May	A meeting room that can seat large number of people comfortably and an area to provide refreshments.



LGFA COACH EDUCATION PROGRAMMES available to Clubs and Counties

Resource/Initiative	Rationale	Target Group	Duration	Cost	No. of Participants	When Organise	Venue
<p>Foundations for Your County Team Workshop</p>	<p>A workshop to support County Mentors from underage up to senior level.</p> <p>Topics such as individual management roles, rules, communication, planning and budgeting, player development and leadership are covered.</p> <p>An essential start to your year!</p>	<p>All underage and senior Inter County mentors.</p>	<p>Approximately 2.5 hours all in one night</p>		<p>ALL County mentors must be in attendance from u-14 to senior level</p>	<p>Jan to April</p>	<p>A meeting room that can seat 20+ people comfortably and an area to provide refreshments.</p>

WHO TO CONTACT FOR ABOVE WORKSHOPS: **Shauna McNutt, Ph 01 8363156, Email: developmentssupport@lgfa.ie**





Referee

Education

REFEREE EDUCATION PROGRAMME SUGGESTED CALENDAR OF EVENTS

Resource	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec
Grab your Whistle GO Games Referee Course												
Grab your Whistle Youth Course												
Grab your Whistle Level 1 Course												
Grab your Whistle Level 2 Course												

LGFA REFEREE EDUCATION PROGRAMMES available to Clubs and Counties

Resource/Initiative	Rationale	Target Group	Duration	Cost	No. of Participants	When to Organise	Venue
<p>Grab your Whistle</p> <p>Go-Games Course</p>	<p>Available to Counties running Go-Games and using the Go-Games model.</p> <p>To recruit and train new referees to officiate at Go-Games.</p> <p>On completion of the course the referee will be qualified to referee up to under 12 Go-Games</p>	<p>Course participants must be 15 years and over.</p>	<p>Course is maximum 3 ½ hours in duration which can be held during day or over an evening.</p>	<p>€100 Fee</p> <p>Deposit of 50 Euro must be paid one week after course has been booked. If deposit is not received within this timeframe then course will be removed from the schedule...</p> <p>Deposit will not be returned if course is cancelled due to lack of numbers and notification not received minimum 3 days before the date of course commencement. Same will apply if insufficient numbers turn up on the day of the course. Same will apply if the minimum number of participants is not present on the day as expected.</p>	<p><i>12 min/ 20 max</i></p> <p><i>Please note the tutor will make contact with the course organiser 3 days in advance of the course to confirm numbers and names of personnel attending.</i></p> <p><i>A tutor has the authority to cancel a course should they deem an insufficient number of people have signed up for the course.</i></p> <p><i>In addition, the Tutor is under no obligation to deliver the course if the minimum number of participants is not present on the day as expected.</i></p>	<p>Jan to May Sept- Oct</p>	<p>A meeting room that can seat 20 people comfortably and an area to provide refreshments</p> <p>Table to hold a laptop/projector – suitable clear wall/screen</p>



LGFA REFEREE EDUCATION PROGRAMMES available to Counties

Resource/Initiative	Rationale	Target Group	Duration	Cost	No. of Participants	When best organise	Venue	County/club responsibility
<p>Grab your Whistle Youth Club Referee</p>	<p>To recruit and train new Ladies Football referees with a specific emphasis on females.</p> <p>On completion of the course the referee will be qualified to referee up to Club U16.</p>	<p>Anyone with an interest in refereeing who is 17 years and over</p>	<p>Course consists of:</p> <p>One 7 hours contact day.</p> <p>One 1.5 hour county/club blitz on the afternoon of course day</p>	<p>200 Euro.</p> <p>100 euro deposit must be paid one week after course has been booked. If deposit is not received within this timeframe then course will be removed from the schedule... Deposit will not be returned if course is cancelled due to lack of numbers and notification not received minimum 3 days before the date of course commencement. Same will apply if insufficient numbers turn up on the day of the course. Same will apply if the minimum number of participants is not present on the day as expected.</p>	<p>Min 12. Max 20.</p> <p>Please note the tutor will make contact with the course organiser 3 days in advance of the course to confirm numbers and names of personnel attending. A tutor has the authority to cancel a course should they deem an insufficient number of people have signed up for the course. In addition, the Tutor is under no obligation to deliver the course if the minimum number of participants is not present on the day as expected.</p>	<p>Jan to May Sept- Oct</p>	<p>Each County/Club must provide a venue with the appropriate facilities.</p> <p>Meeting Room to include:</p> <p>Table to hold a laptop/projector – suitable clear wall/screen to project to and Chairs to seat 20 people comfortably.</p> <p>Supply tutor with county specific referee report cards.</p> <p>Pitch for blitz or game activity in the afternoon of course, there should be two pitches either full size or two small sided games taking place to allow referee practical experience in a safe environment.</p> <p>(Age group U13 to U16) development squads or clubs blitz would be ideal maximum 1.5 hours)</p>	<p>The County/ Club must:</p> <p>Organise a blitz on afternoon of course for all participants to officiate at.</p> <p>County/ Club may also wish to have 2/3 experienced referees in attendance at the blitz to act as a buddy.</p> <p>Provide a county pack for all participants which should contain the following:</p> <p>county contact for referees, competition rules, sample report card, and any other information you feel important.</p> <p>Request participants <i>to bring a whistle with them.</i></p>



LGFA REFEREE EDUCATION PROGRAMMES available to Counties

Resource/ Initiative	Rationale	Target Group	Duration	Cost	No. of Participants	When to Organise	Venue
<p>Grab your Whistle</p> <p>Level 1 Referee Course</p>	<p>To recruit and train new referees with a specific emphasis on females. On completion of the course the referee will be qualified to referee up to County U14 Level and all underage clubs depending on the age of the referee.</p>	<p>Course participants must be 17 years and over.</p>	<p>All participants are aware of the following:</p> <ul style="list-style-type: none"> • Course consists of: <ul style="list-style-type: none"> - Two 6 hours contact days - One 2 hour session after county/club organised blitz <p>Note : 3 weeks max length of time between day 1 and day 2</p> <p>Note : 4 weeks max between Day 2 and Blitz containing Day 3</p> <p>Participants must complete the FULL course to get certification</p>	<p>€200 Fee</p> <p>Deposit of 100 Euro must be paid one week after course has been booked. If deposit is not received within this timeframe then course will be removed from the schedule. Remaining 100 Euro must be paid prior to day 2.</p> <p>Deposit will not be returned if course is cancelled due to lack of numbers and notification not received minimum 3 days before the date of course commencement.</p> <p>Same will apply if insufficient numbers turn up on the day of the course.</p>	<p><i>12 min</i> <i>20 max</i></p> <p>Please note the tutor will make contact with the course organiser 3 days in advance of the course to confirm numbers and names of personnel attending.</p> <p>A tutor has the authority to cancel a course should they deem an insufficient number of people have signed up for the course.</p> <p>In addition, the Tutor is under no obligation to deliver the course if the minimum number of participants is not present on the day as expected.</p>	<p style="text-align: center;">Feb to Oct</p> <p>The County/ Club must: Organise a blitz day between Day 2 and Day 3 for all participants to officiate at. It is also the responsibility of the County/ Club to have 2/3 experienced referees in attendance at the blitz to act as a buddy. Blitz details attached.</p> <p>Provide a county pack on day 3 to all participants to contain the following: county referee contact, competition rules, sample report card and any other information you feel important.</p> <p>Request participants to bring a whistle with them on the day.</p>	<p>Each County/Club must provide a venue with the appropriate facilities.</p> <p>Min requirements are:</p> <p style="text-align: center;">Day 1:</p> <p>Meeting Room to include: Table to hold a laptop/projector – suitable clear wall/screen to project to Chairs to seat 20 people comfortably</p> <p style="text-align: center;">Day 2:</p> <p>Meeting Room to include: Table to hold a laptop/projector – suitable clear wall/screen to project to Chairs to seat 20 people comfortably</p> <p style="text-align: center;">Day 3:</p> <p>Meeting Room to include: Table to hold a laptop/projector – suitable clear wall/screen to project to Chairs to seat 20 people comfortably</p>



LGFA REFEREE EDUCATION PROGRAMMES available to Clubs and Counties

Resource/Initiative	Rationale	Target Group	Duration	Cost	No. of Participants	When to Organise	Venue
<p>Grab your Whistle</p> <p>Level 2 Referee Course</p>	<p>All participants must have COMPLETED the LGFA Grab Your Whistle Level 1 course or have refereed for a minimum of 5 years.</p>	<p>Course participants must be 17 years and over.</p>	<p>2 ½ Hours</p>	<p>€100 Fee</p> <p>Deposit of 50 Euro must be paid one week after course has been booked. If deposit is not received within this timeframe then course will be removed from the schedule.</p> <p>Deposit will not be returned if course is cancelled due to lack of numbers and notification not received minimum 3 days before the date of course commencement. Same will apply if insufficient numbers turn up on the day of the course.</p>	<p>Minimum numbers required for course are 12.</p> <p>Please note the tutor will make contact with the course organiser 3 days in advance of the course to confirm numbers and names of personnel attending.</p> <p>A tutor has the authority to cancel a course should they deem an insufficient number of people have signed up for the course.</p> <p>In addition, the Tutor is under no obligation to deliver the course if the minimum number of participants is not present on the day.</p>	<p>Jan to May</p>	<p>A meeting room that can seat 20 people comfortably and an area to provide refreshments</p> <p>able to hold a laptop/projector – suitable clear wall/screen for projector</p>

WHO TO CONTACT FOR ABOVE WORKSHOPS: **Shauna McNutt, Ph 01 8363156, Email: developmentsupport@lgfa.ie**





Volunteer Education

VOLUNTEER PROGRAMMES

Resource/Initiative	Rationale	Target Group	Duration	Cost	No. of Participants	When Organise	Venue
Volunteer Recruitment and Retention Workshop	A workshop to assist clubs with techniques on how to recruit, retain and reward volunteers in their club	All club executives	Approximately 2 ½ hours all in one night		70% of clubs need to be in attendance	Feb to April	Need a venue with one room to cater for big number of participants
Club Officer Workshop	A workshop to assist club officers with specific training for their role – chairperson, secretary, treasurer/registrar and PRO	All club executives	Approximately 2 hours all in one night		70% of clubs need to be in attendance	Feb to April	Need a venue ideally with 4 separate rooms – post primary schools can be ideal with classroom and large chairs. Also one of rooms to cater for big number of participants when together

WHO TO CONTACT FOR ABOVE WORKSHOPS:

Shauna McNutt, Ph 01 8363156, Email: developmentssupport@lgfa.ie



